



Newsletter, March 2025

GFWC Zwaanendael Women's Club

www.gfwcZwaanendael.org zclublewes@gmail.com

A member of the General Federation of Women's Clubs



Happy March From the President...

We are kicking off this month with a flurry of activity. On March 8 we had a very successful *International Women's Day!* Thanks to the Fundraising Committee for planning and executing two great events and all our volunteers and diners who came out in support. We are still tallying but hope to share details at next week's meeting on this first time fundraiser. And please support our Dine to Donate at Nicola Pizza on Monday, March 17.

Building Relationships at Harbor Lights CHEER Center, Our Community Impact Program (CIP), kicked off on March 10 when Terry Yates served at the Reception Desk and Sue Crawford served sign-up as a Lunch Helper. A huge shout out to those members who have signed up to help for the rest of March. The CIP Committee will be sharing additional plans with you at the March meeting and we know we can count on our members to support this worthwhile project in the months to come.

April is right around the corner and so is our SOLD OUT Victorian Tea. Thank you all to have stepped up for this major and majorly fun fundraiser. Tea volunteers will be receiving more details about their tasks soon.

Finally, I am pleased to share that the GFWC Zwaanendael Women's Club has completed 5 Fidget Blankets for President, Jan Conant's Special Project that will be on display at our March meeting before they are presented to Jan. She will affix a label with our club name to the back of the blankets before they are donated. Our next Fidget Blanket Workshop is Monday, May 19th from 10:00 am -12:00 pm with the location to be announced shortly. I am hoping to have 2 members bring sewing machines and 2-3 members to help pin the blankets together and select items to affix to the blankets. Once a location has been secured this event will be posted in TIF for sign-up.

I am Looking forward to seeing everyone at our March 18th meeting at the Lewes Library. If you are not attending, please, please send in your proxy for the vote on the by-law amendments. As you may know, we did not have enough voters at the February meeting to hold a vote.



*"Pete the Cat" at
Read Across America*

JOYCE

March General Meeting

Tuesday, March 18

1:00 pm – 3:00 pm

NOTE
LOCATION

Lewes Public Library
111 Adams Avenue, Lewes

IMPORTANT

- At the March meeting we will again vote for the by-law changes that were presented in February.
- Unfortunately, in February, we did not have enough voters, either in person or by proxy, to conduct a vote.
- Details on these proposed changes and a proxy ballot with full instructions were emailed to members on March 13.
- Please be sure to submit your proxy if you cannot attend.

IF YOU HAVE TROUBLE SUBMITTING YOUR PROXY YOU MAY FOLLOW THESE ALTERNATE INSTRUCTIONS

On a piece of paper, write by hand, "I, (your name) appoint Joyce Skrobot to act as my proxy at the March 18, 2025 meeting of the GFWC Zwaanendael Women's Club. I direct her to vote yes on the mission statement and vote yes on the two sections regarding voting by proxy and changing the by-laws."

Then sign and date it. Take a picture of the piece of paper and email the picture to Eileen Spangler at bobb1965@comcast.net

*Proxies Should be Submitted to
Eileen Spangler no later than 5:00pm, Monday, March 17.
Submitting a proxy is very important
As we need 2/3 of members to pass these important by-law changes.*

March Collection: I Support The Girls

Needed Items

- Individually-wrapped pads
- Individually-wrapped tampons
- Women's underwear
- Girl's underwear

Bring donations to March meeting or drop off to:
Cindy DeMedio, 326 Savannah Road, Lewes
Deb Cebula, 14335 Allee Lane, Lewes



Dine to Donate at Nicola Pizza

17323 Ocean One Plaza, Lewes

Monday, March 17
5:00pm – 9:00pm



*20% of DINE IN Sales (No takeout) will be split
between these two great organizations.*

Overfalls
Foundation



Preserving, teaching and honoring the
lightships and their sailors of the
United States and the maritime history
of our community.

overfalls.org

GFWC Zwaanendael
Women's Club



*Public spirited women serving and
improving our community
since 1905.*

gfwcZwaanendael.org

Ongoing Collections

Health And Wellness

- Used Eyeglasses for the *Lion's Club Recycling for Sight*
- Used Hearing Aids
- Lap Blankets for *Delaware Hospice / Cancer Patients*.

Environment

- Rubber Soled Shoes for Recycling

Civic Engagement and Outreach:

I Support The Girls

- Individually wrapped Maxi Pads, Thin Pads, and Panty Liners
- Small packs of Feminine Wipes
- Fabric, thread, and 12" zippers to make toiletry bags

Epworth Food Pantry

FOOD DRIVE in FEBRUARY – See List

Victorian Tea, Thursday, April 10

The upcoming tea is one of our major fundraisers and the most labor intensive.

For years, the GFWC Zwaanendael Women's Club has been known for its teas. From several a year seating 12-15 in the old clubhouse to our annual Victorian Tea that seats over 100. Regardless of the size, this event is fun for the attendees as well as our members who work so hard to make it a success.

SEEKING

2 TABLE SERVERS: *We have most everything you need to set up your table.*

1 RAFFLE TICKET SALES PERSONS: 11:30 am – 1:00 pm, Day of Event

2 GENERAL SET UP PEOPLE: 2:00 pm – 4:00 pm, Wednesday, April 9

2 CLEAN UP HELPERS: 3:00 pm – 4:00 pm immediately following Tea

Sign up on TIF. Contact Kathy Cochran for more details. 410-371-8892

Thank You! To everyone who has already signed up to volunteer.



Geranium Sale

You can bring any orders with payment you have to the March Meeting

Geranium Sale Ends April 15



Legislation and Public Policy

Chair: Lynn Barberi

*Come join us at our next committee meeting at 1pm on April 3.
We welcome YOU and your ideas so please sign up on
Track It Forward where you will find location details
We are looking forward to seeing you.*

*Thanks to Kathleen DeCataldo, we have a wonderful resolution to go to the
Lewes Mayor's Office to recognize our wonderful club.*

History Corner

Nancy H. Phillips, Club Historian

1992-1994 President Dorothy Pedicone

- The club dues were \$12.
- The club held a yard sale to raise money for new floors at the clubhouse and a fundraiser called " Lid Persuasion" to collect food and toys for a local food pantry.
- The Club Clowns won first place for the most original entry in the Lewes Christmas Parade.
- The club donated \$200 for landscaping for the new brick walkway leading up to the gazebo in Stango Park.
- In the spring of 1994, a card party was held at the Lewes Range Hall. Seventy Five ladies attended.
- Club members were asked to volunteer for garden help in the Environmental Research program at the College of Marine Studies at the University of Delaware.

Membership

Chair: Lisa Magnuson

Current Membership is 90

3 New Members

1 Resignation

*Please Welcome These New Members
Who joined February 18*

Joan Reader

Barbara Pizzo

Laurel Snyder

Health and Wellness

Chair: Kitty O'Reilley

Lonely? Connect with podcasts

The following is an article from *First for Women*

“A recent study in PLOS ONE [Public Library of Science] suggests that listening to your favorite podcast can quash feelings of loneliness and increase joy. ‘We found that people who spent more time listening to podcasts had stronger parasocial relationships (connections we imagine with another person) with their favorite podcast host,’ reveals social psychologist and study co-author Stephanie Tobin, PhD. ‘Greater engagement with podcasts was also related to more presence of *meaning* in life.’ In other words, listening to a podcast on a topic close to our heart—from art to history to gardening—not only decreases loneliness, but it also strengthens your identity and inspires a greater sense of purpose.”

PLOS One is a peer-reviewed open access mega journal published by the Public Library of Science (PLOS) since 2006. The journal covers primary research from any discipline within science and medicine.



Mark Your Calendar

Blood Drive

Wednesday, April 30

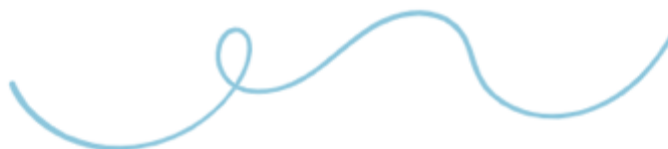
9:00 am – 1:00 pm

St. Jude the Apostle Catholic Church

152 Tulip Drive, Lewes



The Health & Wellness Committee would like to schedule social walks for members of the GFWC. ***Look For Our Walking Survey to determine preferences and interests. We Will be Distributing this survey at the March Meeting***





Z Club Lunch Bunch

An informal social gathering for members of the
GFWC Zwaanendael Women's Club

Wednesday, March 26
Noon



Victoria's Restaurant

In the Boardwalk Plaza Hotel
2 Olive Avenue & the Boardwalk
Rehoboth Beach

Also, Join Us and Walk the Boards
Before Lunch with the
Environment committee.

Meet on the boardwalk in front of Victoria's at 11:00 am
Weather Permitting

Sign up on Track It Forward for Lunch

If you must cancel, you should also do so on Track It Forward



Z Club Lunch Bunch

An informal social gathering for members of the
GFWC Zwaanendael Women's Club

Tuesday, April 29
Noon



Touch of Italy

19724 Coastal Highway
Rehoboth Beach
302-227-3900

Sign up on Track It Forward

If you must cancel, you should also do so on Track It Forward



REHOBOTH BEACH
FILM SOCIETY

Please Join the Arts and Culture Committee for
Exhibition on Screen

Dawn of Impressionism: Paris 1874

Wednesday, April 2 @ 2 pm

Cinema Arts Theater

17701 Dartmouth Drive, Lewes

Tickets: General Admission \$11.50, Seniors 65+ \$10, Members \$9

- 1) PURCHASE TICKETS at RehobothFilm.com. In order for us to sit together, please reserve by Monday, March 17.
- 2) LET DEB CEBULA KNOW YOU ARE COMING by signing up on Track It Forward or emailing DCebula57@gmail.com, by March 17



The Impressionists are the most popular group in art history – millions flock every year to marvel at their masterpieces. But, to begin with, they were scorned, penniless outsiders. 1874 was the year that changed everything; the first Impressionists, "hungry for independence", broke the mould by holding their own exhibition outside official channels. Impressionism was born and the art world was changed forever. For more info go to RehobothFilm.com

Look How Busy We Have Been...



Singing at Brandywine Assisted Living



Dine to Donate at Bethany Blues



75 First Night Bags delivered to People's Place

Winter Food Drive
We are happy to report that 4,014 pounds of food and personal care items were collected. We beat last year's collection by 100 pounds.
Thank you everyone!



Read Across America





Communications and Public Relations
 Chair & Newsletter Editor: Kathy Cochran

April Newsletter Deadline
 Monday, April 7

- MOST MONTHS, THE Z CLUB NEWSLETTER IS EMAILED TO MEMBERS MID-MONTH.
 - PAST NEWSLETTERS CAN BE FOUND ON THE CLUB WEBSITE
 - COMMITTEE CHAIRS:
 - Please let me know what is happening with your committee so that information can be shared with our members and the community.
 - Let me know about your events and activities so I can attend and take photos.
 - Any photos you may have can be sent to me via email or text, but email preferred.
- kathyjocochran@comcast.net - 410-371-8892