



Newsletter, January 2025

GFWC Zwaanendael Women's Club

www.gfwcZwaanendael.org zclublewes@gmail.com

A member of the General Federation of Women's Clubs



Happy New Year!

As we step into 2025 with renewed energy and purpose, I want to take a moment to reflect on our journey since July and celebrate what we have achieved thus far. We have experienced success, and we have strengthened our commitment to making a difference in our community.

We continued our support of I Support The Girls, What is Your Voice, Stockings for Soldiers, Home of the Brave, Lewes Elementary School and more.

Members regularly volunteered at the Epworth Food Pantry which was also the beneficiary of our highly successful National Day of Service Food Drive. As a result of our ongoing commitment, Z Club was awarded the first Epworth Caring Community Award which was presented by Epworth's Tom Lewis at our November meeting.

Now, looking ahead to 2025...Please support the GFWC Delaware President's Special Project by attending one of the upcoming Fidget Blanket Workshops to learn how to create these special blankets that help those suffering from Alzheimer's and Dementia.

Our annual winter Food Drive will take place in February, and we are looking forward to two major fundraisers - the Spring Geranium Sale and the April 10 Victorian Tea. Volunteer needs are listed in the body of this newsletter, and you can go to TIF for details and to sign up.

In March, we will hold a new fundraiser to honor International Women's Day. More information will follow soon from our new Fundraising Committee. Stay tuned.

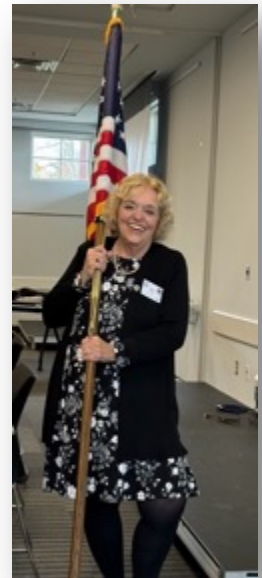
Also new for us is assisting with "The Rally for First Responders" that will be held in May at Hudson Fields. Joyce Bauchner is chairing this committee and seeking members to lend a helping hand. Look for the flyer in this newsletter with details and how to contact Joyce.

THANK YOU for your unwavering dedication, enthusiasm, and hard work. Our advocacy and awareness of the needs in our community as well as our hands-on volunteering are the hallmarks of our success and each of us plays a vital role in our collective success!

Wishing you all a joyful, healthy, and prosperous New Year. The best is yet to come 😊

Warm Regards

Joyce





January General Meeting

Tuesday, January 21

12:10 pm - *Nursing School Tour*

Members interested in tour should meet in lobby at 12:00 pm

1:00 pm - Meeting

Margaret H Rollins School of Nursing

At Beebe Hospital

(Behind Beebe Hospital)

424 Savannah Road, Lewes

Z Club Nursing Scholarship Presentation

What Is Your Voice Check Presentation



JANUARY COLLECTION

BIRTHDAY KITS & SUPPLIES

for the *WHAT IS YOUR VOICE FOOD PANTRY*

Make a Kit or Provide individual Items



- 9x13 Aluminum Pans
- Cake Mixes
- Icing
- Sprinkles or other decorations
- Birthday Candles
- Paper Plates/Napkins
- Paper Tablecloth



Please Bring Donations to the January General Meeting or Contact Terry Yates.

Ongoing Collections

Health And Wellness

- Used Eyeglasses for the *Lion's Club Recycling for Sight*
- Used *Hearing Aids*
- Lap Blankets for *Delaware Hospice / Cancer Patients*.

Environment

- Rubber Soled Shoes for Recycling

Civic Engagement and Outreach:

I Support The Girls

- Individually wrapped Maxi Pads, Thin Pads, and Panty Liners
- Small packs of Feminine Wipes
- Fabric, thread, and 12" zippers to make toiletry bags

Epworth Food Pantry

- Mustard, Mayo, Catsup*

Seeking Volunteers at Epworth Food Pantry

WEDNESDAY'S

9:00 am - 11:00 am

February 5

February 12

February 19

February 26

THURSDAY'S

1:30 pm - 3:30 pm

February 6

February 13

February 20

February 27

Seeking Food Drive Volunteers at Lloyds Market

SATURDAY, FEBRUARY 15

Various Shifts

Sign up on Track It Forward

Questions? Contact Deb Cebula at dCebula57@gmail.com



**A Z Club Committee is Being Formed
to Assist With the 2025 Rally for First Responders**
Interested? Contact Joyce at Joyce.Bauchner@gmail.com

- Our first rally meeting will be scheduled for some time in January 2025.
- Our focus will be collecting silent auction items, obtaining rally sponsors, and volunteering the day of the rally.
- Participating on this committee does not require you to volunteer at the rally.
- Rally Information: Saturday, May 31, 2025, Hudson Fields, Milton, Noon – 5:00 pm.
(Rain Date, June 1)

Please Join Us!

Help Support These Vital Organizations that Keep our Community Safe



This Years' Beneficiaries

Lewes, Milton, Georgetown, Indian River and Rehoboth Fire Departments,
Georgetown EMS, Fit 4 Duty, Southern Delaware Unity Team,
Crime Stoppers, DE State Police Honor Guard Association, Camp Barnes,
DE Police Chiefs' Foundation, Community Engagement Unit,
DE State Troopers Benevolent Fund, and Beebe Medical Foundation

Last Year's Beneficiaries Received a Total of \$101,185

Georgetown Fire Department \$12K, Milton Fire Department \$13K, Lewes, Rehoboth, Milton and Indian River Fire Departments - @\$11K*, Camp Barnes, Fit 4 Duty, Georgetown EMS** @\$6K, DSP Aviation, Beebe Medical Foundation @\$5K, Sussex County Paramedics \$4K, DE COPS \$3,875, LT. Mark Dawson (whose house burned down the night before the rally) \$3K

* Departments that sell tickets get larger amount of proceeds

** The only EMS that is not part of a fire department

History Corner

Nancy H. Phillips, Club Historian

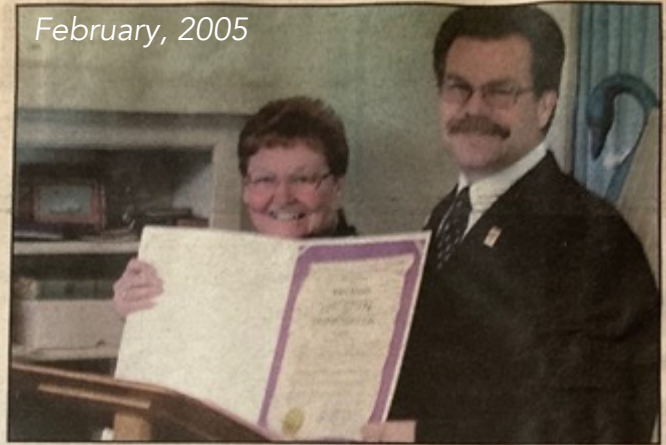
2008-2010 President Muriel Pfeiffer

- Many fundraisers were held during Muriel's term of office including a Victorian Tea, Peaches and Cream Tea, and a Fashion Show and Tea
- In February 2009, the Z Club 104th Birthday Party was held.
- The club received an award for Legislation and Policy from the GFWC- DSFWC convention
- In February 2009, gifts for nursing homes, local children, and food pantry items were collected from members.
- In March 2009 a scholarship was presented to a student at the Beebe Nursing School.
- In May, a scholarship was presented to Casey McClure of Cape Henlopen High School.

- Muriel also served as president from 2004-2006 and a partial term in 2016 before stepping aside due to health concerns.
- In 2024 Muriel celebrated 25 years as a Z Club member.

March 2005: Muriel (far left) shown inducting new members including Henrietta Belcher Stack. (third from left) who is still a member today.

February, 2005



Maggie Beetz photos
Lewes Mayor Jim Ford presents Muriel Pfeiffer, president of the Zwaanendael Women's Club, with a certificate of commendation and praised the club's long years of service at a 100th anniversary celebration, Feb. 15.

Zwaanendael Women's Club celebrates 100th anniversary

By Maggie Beetz

The Zwaanendael Women's Club celebrated its 100-year anniversary at their clubhouse in Lewes, Feb. 15.

Treasurer Pat Rockett highlighted several of the club's numerous achievements throughout its extensive history.

"It makes it kind of interesting to see what 100 years can do," said Rockett.

The Zwaanendael Women's Club helped to persuade Delaware

legislators to pass the Child Labor Law in 1913. From 1936 to 1938 club members were active in the Red Cross providing physical examinations for children starting school. By 1950, the club was donating to the Lewes Fire Department, Child Bureau of Delaware, United Way, student loan funds, local music departments and Cancer Crusade, among others.

In addition to the celebration, the club received recognition

Continued on page 96



Health and Wellness

Co-chairs: Kitty O'Reilley & Lynn Davis

Health Topics Discussion Group

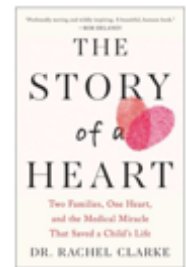
First discussion February 28 at 1:00 PM. Location TBD.

Sign up on TIF

Have you recently read an interesting article or book about a health topic? Would you like to discuss it with others? Consider joining other Z Club members to read and discuss a selected reading each month. It is sure to be interesting

The first book for discussion will be The Story of a Heart by Dr. Rachael Clarke. Dr. Rachel Clarke is an NHS (United Kingdom) palliative care doctor and the author of three Sunday Times bestselling non-fiction books.

Her latest book, The Story of a Heart, is a moving and unforgettable story about how one family's grief was transformed into a lifesaving gift. While telling this beautiful true-life story, Dr. Clarke expertly explores the history and many-faceted topics of organ donation and transplantation.



- We'll talk about the story and learn more about organ donation. For example,
- 103,223 men, women, and children are on the national transplant waiting list.
 - 17 people die each day waiting for an organ transplant.
 - 95 is the age of the oldest organ donor. There's no defined cutoff age for donating organs.
 - 46,000+ transplants were performed in 2023.

The book is available at the Lewes Public Library, Browseabout Books, Barnes and Noble, Amazon, Kindle and discounted through Walmart online.



Winter 2025 GFWC Learning Gateway Series

Start 2025 off right with 2024-2026 GFWC Honorary Chairmen webinars. Register Today!

February 5, 2025, at 7 p.m. ET - Heart Health Awareness Month

During Heart Health Awareness Month, **Jude Mabone**, Miss District of Columbia 2023 and GFWC Health and Wellness Honorary Chairman recounts how her own heart health scare has brought her to work with the American Heart Association. She will share her life's journey and the importance of CPR/AED training.

<https://bit.ly/48Epc7g>

DID YOU SIGN UP FOR KNITTING LESSONS AT THE NOVEMBER MEETING?

If so, Suzanne Dohl will be contacting you to discuss details of when you will meet and what you will need to bring. The class will meet twice a month at Suzanne's house starting in mid-January. The goal for this class is to knit a scarf.

We are very fortunate to have Suzanne volunteer for this project as she has taught over 100 people how to knit!

She currently has 12 pupils and will let us know when she is ready to add more.

Questions? Contact Suzanne at suz@Udel.edu or 252-945-5323.



(left) Lynn Barberi, GFWC Zwaanendael Women's Club State Director, presents a \$3000 check to Lighthouse for Broken Wings/A Sheltering Heart founder Toni Short (right) , who provides support, food and shelter for people experiencing homelessness in Sussex County.

Membership

Chair: Lisa Magnuson

89 Members
as of January 15

5 Resignations
5 New Members

CELEBRATING MEMBERSHIP ANNIVERSARIES

January
1 Year Anniversary
Laurie Hammond
Sandra Asbell
Jill DiZio

WELCOME NEW MEMBERS



Alice Dufresne
November



Barbara Sweeney
November



Elaine Lee
Kessler
November



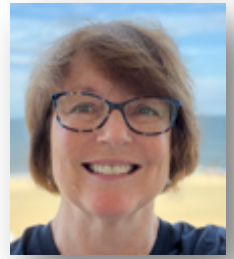
Carmen Tucker
January

Getting to Know Becky Clark

Becky and her husband moved from Baltimore to Lewes last April after vacationing here for many years.

Although retirement is on the horizon, she currently works full-time, remotely, as director of publishing for the Library of Congress, a position she's held since 2016. She spent most of her career in book publishing, with experience at the Johns Hopkins University Press, Brookings Institution Press, the *New Republic*, Counterpoint Press, and Moon Travel Handbooks (now Avalon Publishing).

Becky learned about Z Club after reading about our fall food drive and donating at Lloyd's. She is eager to devote some time to the community, especially people who are less fortunate than we are. She also enjoys gardening, sewing, reading, and spending time outdoors.



Legislation and Public Policy

Chair: Lynn Barberi

Our goals include keeping our membership informed on relevant legislative activities and to have more of a presence in the community as an organization(especially with local, and state officials).

WHAT IS THE GFWC LEGISLATION ACTION CENTER? *The powerful tool that alerts you to GFWC's public issues and advocacy efforts.*

WHAT KIND OF ALERTS WILL YOU RECEIVE? *Receive non-partisan, non-denominational alerts about legislation supported by the GFWC including these topics: Reauthorization of the Violence Against Women Act, Protection of Funding for Victims of Crimes and Support for the Equal Rights Amendment*

Please contact Lynn Barberi for questions or assistance.

- Click on this QR code to sign up for alerts from the Legislation Action Center.

- Click on this QR code periodically to check for new bills. *Then, If you wish to support any bills, you can click on the proposal and letters are automatically generated to the proper representative(s).*



Victorian Tea Volunteer Opportunities

The upcoming Tea is one of our major fundraisers and the most labor intensive. Please look at these jobs and see where you can help the most.

For years, the GFWC Zwaanendael Women's Club has been known for its teas. From several a year seating 12-15 in the old clubhouse to our annual Victorian Tea that seats over 100. Regardless of the size, this event is fun for the attendees as well as our members who work so hard to make it a success.

Vickie Burrier & Kathy Cochran

SERVERS - Need 16 – You Can Share a Table

- Wednesday, April 9
Set up table sometime between 12:30 pm and 2:30 pm: Short server meeting at 1:30 pm
- Thursday, April 10
Arrive at venue no later than 11:30 am. Doors open at 12:00 pm. Serve food and attend to guests during tea. Begin cleaning up table when tea ends at 3:00pm.
- Provide plates, dishes, cups, saucers, flatware and centerpiece for your table. (We have some dishes for those who do not have their own to use.)

YOU CAN CONTACT KATHY COCHRAN FOR DETAILS

PRE EVENT

- SHOPPER: Shop for various items; Flexible time; Kathy will give you a "need by date"
- FOOD PREP AT KATHY'S HOUSE
Sunday April 6, Monday April 7 and Tuesday, April 8 from 9:30 am – 12:00 pm
- GRAPES: Shop for, wash, and dry grapes. Deliver to Venue morning of tea
- BAKE SCONES: Bake at Your House and deliver to venue morning of tea. Recipe provided.

WEDNESDAY, APRIL 9

- SET UP: Set up chairs, assist servers setting tables, etc
- SCONE BAKING:
Bake scones at your home and deliver to venue morning of April 10. Can be baked in advance and frozen

THURSDAY, APRIL 10

- KITCHEN HELPER: Assist with plating food, preparing sandwiches, server assistance during first course, and general clean up
- RAFFLE: Sell raffle tickets. Most help needed from 11:30am – 1:00pm
- CHECK IN: Check in arriving guests
- CLEAN UP: Fold up chairs, Vacuuming, misc clean up
- RETURN LINENS: Pick up linens from venue between 3:45pm – 4:00pm and return to Elks Lodge, 18544 Beaver Dam Road. Can be returned the next day.

NOTE: Volunteers working at venue day of event will pay \$10 to defray cost of their lunch.

Arts & Culture

Co-chairs:
Deb Cebula &
Connie Rivette

Come Sing With Us!



The Z Club Arts and Culture Committee is forming a casual singing group to brighten the days of our elderly friends at assisted living facilities in Sussex County.

- Seeking up to 15 singers
- We will perform on 3 dates; Sing on only the date(s) you wish
- Sign up in TIF for each date(s) you wish to participate, ASAP please
- You will be contacted about rehearsing once you sign up
- Questions? Contact Janet or Terry
Janet Pietrovito: gPietrovito@comcast.net
Terry Yates: OneStargazerTwo@gmail.com

Everyone is welcome and anyone can do it!



This is a fun way to bring cheer to those who may not have many opportunities for entertainment!

Schedule of Performances

THE MOORINGS

17028 Cadbury Circle, Lewes (off of Gills Neck Road)
FRIDAY, FEBRUARY 14, VALENTINE'S DAY
2:30 TO 3:15, ASSISTED LIVING RESIDENTS
3:45 TO 4:30, INDEPENDENT LIVING RESIDENTS

BRANDYWINE ASSISTED LIVING, SEASIDE POINTE

36101 Seaside Blvd., Rehoboth Beach (behind Giant Foods)
THURSDAY, FEBRUARY 27, 2:30 - 3:15

CADIA HEALTHCARE RENAISSANCE

26002 John J. Williams Highway, Millsboro
MONDAY, MARCH 17, ST. PATRICK'S DAY, 2:00 TO 2:45



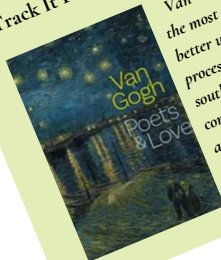
Please Join the Arts and Culture Committee
Exhibition on Screen

Van Gogh: Poets & Lovers
Wednesday, February 5 @ 2 pm

Cinema Arts Theater
17701 Dartmouth Drive, Lewes

Tickets: General Admission \$11.50, Seniors 65+ \$10, Members \$9
1) PURCHASE TICKETS at RehobothFilm.com. In order for us to sit together, please reserve by Monday, January 20

2) LET DEB CEBULA KNOW YOU ARE COMING by signing up on Track It Forward or emailing DCebula57@gmail.com, by January 20



Van Gogh is one of the most beloved artists of all time, but perhaps the most misunderstood. This film is a chance to reexamine and better understand this iconic artist. Focusing on his unique creative process, Van Gogh: Poets & Lovers explores the artist's years in the south of France, where he revolutionized his style. Van Gogh became consumed with a passion for storytelling in his art, turning the world around him into vibrant, idealized spaces and symbolic characters. For more info go to RehobothFilm.com

2025 Winter Food Drive

Benefiting

Epworth Food Pantry

at Epworth United Methodist Church, Rehoboth Beach

Requested Items

FOOD: Salad Dressing, Canned Fruit, Apple Sauce, Oatmeal, Baked Beans, Canned Peas, Carrots or Mixed Vegetables, Spam, Canned Chicken, Dinty Moore Beef Stew, Pancake Mix and Syrup, Rice in pouches or boxes, Boxed Pasta and Sauce in plastic containers (if available), Mayo, Mustard, Ketchup, Peanut Butter, Jams and Jellies.

PERSONAL CARE: Full-size Containers of Shampoo, Conditioner and Body Lotion, Deodorant, Tissues.

CLOTHING: Hats, Scarves, Gloves, Socks

OTHER: Metal Hand Can Openers.



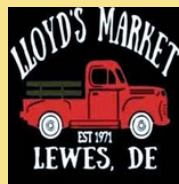
Sponsored by
GFWC Zwaanendael Women's Club
gfwcZwaanendael.org

Donation Locations



Lewes Public Library
111 Adams Avenue
Lewes

Rise Fitness + Adventure
35770 Airport Road
Rehoboth Beach
Behind Inn at Rehoboth



Lloyd's Market
611 Savannah Road
Lewes

Blooming Boutique, Lewes
Blooming Boutique Accessories, Lewes
Blooming Boutique, Long Neck



In-store Donators Earn \$1 Certificate for Each 2 items Donated

Donate Online at bloomingboutique.com/donate

Online Donators Receive Store Discount Coupon Sheet

100% OF CASH DONATIONS WILL PURCHASE FOOD

January 27- March 1

Members
Can Also
Bring
Donations
To the
February
General
Meeting
or to
These
Members

NEIGHBORHOODS

- RED MILL POND NORTH, June Berube, 18700 Golden Sunrise Place
- SENATORS - Deb Cebula, 14335 Allee Lane
- NASSAU GROVE - Emily Amerman Vagnoni, 31700 Corvino Court
- GOVERNORS - Penelope Moreland-Gunn, 11447 Maul Road
- LEWES - Cindy DeEmedio, 326 Savannah Road
- BAY CROSSING - Janet Pietrovito, 34826 Capstan Lane

Fidget/ Activity Blankets Workshop
President's Special Project
GFWC Delaware

If you plan to attend Jan Conant suggests you bring any of the following: Spools of thread, cotton fabric, sewing machine (if you have one), cutting pads, rotary cutter, clear plastic cutting ruler (used by quilters).



GFWC Delaware
Fidget/Activity Blankets Workshops
10 to Noon



VIA Clubhouse
January 27
February 24

The Dover Century Club Clubhouse
January 29
February 26

Dear GFWC members,

You are invited to participate in any or all workshops that fit your calendar! We need members to bring and operate portable sewing machines, rotary cutters/pads, back jeans pockets cut from old jeans, and small stuffed animals that will fit in them. If you have cotton fabric or fleece to donate, please do. If you have an unfinished blanket, please bring it to finish. All blankets must be turned in to Jan for label prep and delivery. Fourteen blankets have been donated to Easter seals so far! You don't have to be an accomplished sewer to participate – we need *all* hands! Bring a friend – she might be a future member!

Please RSVP your expected attendance dates to Jan or Carole. Below are some photos of Easter seals Memory Day Care recipients in action.

Jan

Jan Conant | President
GFWC Delaware
2024 – 2026
Volunteerism – The Art of Giving
janconant@icloud.com
(302) 260-1108

Carole

Carole Suchanek | President's Special Project Chairman
ctsuchanek@comcast.net
(302) 245-0042



**DID YOU KNOW THAT
YOU CAN DOWNLOAD THE
MEMBER DIRECTORY
TO YOUR COMPUTER?**

Doing so would give you easy access
to member's contact info without
having to sign on to Member's Area.

The instructions shown here
are also in the Members Area,
right under the Member Directory.

Feel free to contact me
for assistance

Kathy

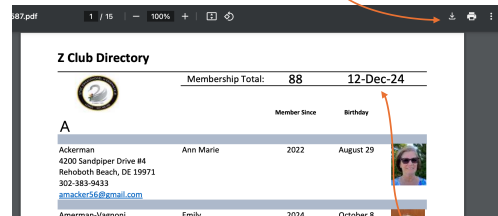


Downloading The Member Directory To Your Computer

- Enter the Members area of the Z Club website
- Click on Member Directory to open directory



- Once open, Click on the "Download" icon (Arrow pointing down)
- It will take a minute or two to download to your computer
- Find the file in the download area of your computer; you can then move it to your desktop for easy access



Note: The directory is updated on the website as needed. Check this date on the directory you have with the one posted to make sure you always have the most current directory. You can download newer directories as needed.

**February Newsletter Deadline
Monday, February 10**

- MOST MONTHS, THE Z CLUB NEWSLETTER IS EMAILED TO MEMBERS MID-MONTH.
 - PAST NEWSLETTERS CAN BE FOUND ON THE CLUB WEBSITE
 - COMMITTEE CHAIRS:
 - Please let me know what is happening with your committee so that information can be shared with our members and the community.
 - Let me know about your events and activities so I can attend and take photos.
 - Any photos you may have can be sent to me via email or text but email preferred.
- kathyjocochran@comcast.net - 410-371-8892